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## Hennepin Kids for LYFE

Today at 10am



Hennepin Kids Temporary Classrooms  
Until the education wing is complete, Hennepin Kids will meet in the following spaces:  
Chapel Time - Church of Youth Room  
Wee Ones Nursery - Longfellow Room  
Little Kids (3's-preschool) - Youth Lounge  
Middle Kids (k-2nd grade) - Dorcas Alcove in Social Hall  
Big Kids (3rd-5th grades) and Club 67 (6th and 7th grades) Church of Youth Room.

## Sunday Lunch: Help Needed

Today at 10am in the Social Hall

We will serve Sunday Lunch on Sundays from 10:00 am-12:30 pm in the Social Hall while kitchen is being renovated. We need your cheerful help. Sign up to volunteer here: [haumc.org/breakfast/](http://haumc.org/breakfast/). Regular brunch will resume later this autumn.

## Making Sense of Our Faith

Sunday, October 1 at 11:15am in Room 201

Please join us this Sunday as we get an update from the Commission on the Way Forward regarding the potential rift that faces United Methodists across the globe. Dave Nuckols of the Commission on the Way Forward will update us on the latest meeting of the Commission in Berlin. Our Senior Pastor Judy Zabel will also help lead our discussion. Come learn about what's going on and what you can do!

## Progressive Christianity

### (formerly The Bishop Spong Class)

1st & 3rd Sundays at 11:15am - Led by Bob Janssen

This class discusses the current topics that inform what it means to be a person of faith in the 21st century. Using the writing of theologians like Bishop John Shelby Spong, Marcus Borg, John Dominic Crossan and Phyllis Tickle, the group continues to allow faith to be an on-going path of growth and evolution. Currently, discussions are centering on Thank God for Evolution: How the Marriage of Science and Religion Will Transform Your Life and Our World by Michael Dowd.

## Miracle of the Breath

Today, Nov 5 and Dec 3 from 11:15am - 12:15pm

Breath is the essence of our being and the foundation of all healing and personal growth. It harnesses the life force within and gets right to the heart of the matter. Miracle of Breath™ techniques act directly to dissolve pain, fear and tension in the mind and body. Julie Delene will guide you through a special set of meditation, movement and breathing techniques to consciously and methodically release blocks. Dress to breathe! Please check more at [allwisemoves.com](http://allwisemoves.com)

## Sacred Sites of the Twin Cities Tour

Sunday, October 1 at 1 - 4 pm

This tour, led by Rev. JimBear Jacobs, a member of the Stockbridge-Munsee Mohican Nation, offers three different sites of historical and spiritual significance to the Dakota people. The tours are roughly 3.5-4 hours in length. There are short, well worn walking paths, consisting of several hundred yards, which can be wheelchair accessible. Our beginning location will be St. Peter's Catholic Church in Mendota Heights, in the lower lots. To register please call the church office, 612-871-5303. Questions, [Sally@haumc.org](mailto:Sally@haumc.org). Car-pooling can be arranged. Plan to eat lunch before the tour.

## Blessing of the Animals

Sunday, October 1 at 6pm in the Sanctuary



You and your pet are invited to a special blessing at Hennepin Avenue UMC (in partnership with the Animal Humane Society). Pets of all kinds are welcome in the sanctuary for an intergenerational worship experience like none other! Help spread the word: RSVP, like, invite, and share!

## Breathrough Workshop: Becoming a Missional Church

Saturday, October 7 at 10am-4pm

Author and consultant Reggie McNeal has defined the missional movement among churches that want to become more oriented toward the culture and community around them. He currently serves as the missional leadership specialist for Leadership Network, which aims to foster innovation within the church. Hennepin members and friends can attend for FREE if you are willing to volunteer to help with hospitality (greeting, coffee serving, etc.) Please sign up today if you can volunteer on our hospitality team by emailing [dawn@haumc.org](mailto:dawn@haumc.org).

## Let's Give Thanks:UMW Thanks Offering

Sunday, October 15

Through the United Methodist Women (UMW) "Thank Offering," we praise God by showing thanks for friends, family, and our world. The gifts -- collected in special UMW envelopes -- extend God's love especially to women, children, and youth. On October 15 you can join in giving special thanks. Your gifts go to many organizations, such as Emma Norton Services and Joyce.

## Becky Boland Shares Stories from

### Emma Norton Services

Sunday, October 15 at 11:15am

Free program and childcare



Please join in as Becky (HAUMC member and Emma Norton Services Director of Development) talks about the life-changing services provided by ENS. ENS works with women, children, and families who are homeless and have the added challenges of mental illness, chemical dependency, or both.

## Bill Pilgram's 100th Birthday Celebration

**Sunday, October 15 after 10am service in Carlson Hall**  
 Bill Pilgram will be 100 on Monday October 16th. The Pilgram family is celebrating his birthday on Sunday, October 15th with cake & refreshments after the 10:00 service. Bill has been a member of Hennepin Methodist Church since the fall of 1939, 78 years.

## 50-year Member Recognition Dinner

**Friday, October 13 at Noon in the Art Gallery**  
**Reservations are required by Monday, October 9**  
 To honor the loyalty and faithfulness of Hennepin's long-time members, the Senior Council will host the annual 50-year Member Recognition Dinner on Friday, October 13. All Hennepin members and friends are invited to this special occasion. Thanks to a generous grant from the Hennepin Foundation, there is no charge for the dinner, but reservations are required by noon on Monday, October 9.

## Friday Men's Bible Fellowship

**Fridays at 7am in the Longfellow Room**  
 All men are welcome. Fresh caramel rolls, coffee, and bible study. Study ends at 8:30am.

## Parent's Night Out!

**Saturday, October 21 at 6pm at Escape MSP**  
 Get locked in a room with other Hennepin Friends! We have reserved spots at Escape MSP for Saturday, October 21 at 6pm. Put on your thinking caps! We will have 1 hour to solve the room and escape, and then head out for dinner afterwards. Cost is \$30/person. This is an RSVP ONLY event. Please contact Muria at [muriak@yahoo.com](mailto:muriak@yahoo.com) or 651-226-0471 to reserve your spot!

## Thank God for Evolution

**Sunday, October 22nd at 8:30am and 11:15am**



Rev. Michael Dowd is a bestselling evolutionary eco-theologian and pro-future evangelist. His book, *Thank God for Evolution*, was endorsed by 6 Nobel Prize-winning scientists, noted skeptics, and religious leaders across the spectrum.

## Trunk-Or-Treat

**Sunday, October 29 at 4pm**  
 Neighbors, friends, and families are invited to our free annual Trunk-or-Treat! Help spread the word: RSVP, like, invite, and share! Church members will be ready with treats at their decorated car trunks. Get a free treat bag or bring your own. Costumes are encouraged (no scary costumes, please). Come inside for games, snacks, face painting, crafts, photo fun, movies, and the popular "Spooky Labs" for kids run by the youth group. This is a fun and safe bonus trick-or-treating experience for your kids and grandkids!



## Walk to Emmaus

**Men's Walk: November 9th through 12th, Camp Koronis**  
**Women's Walk: November 16 to 19th, Mankato**

You are invited to take time for yourself and Walk with Christ for 72 hours as a new Pilgrim. This could be renewal for you in your faith. Or this could be your commitment as a Christian to be a believer and ever so gently step forward to be counted to share your heart. This special time you give yourself will keep you smiling knowing that you are a precious child of God. Luke 24:13  
 Please contact: Pastor Judy Zabel and /or Nancy Sjoquist 612-741-1872 for information and registration.



## News from Koinonia

The October 20-22, 2017 Fall Fun at Koinonia Retreat is just three weeks away. UPDATE: there will be a bouncy house for kids thanks to the Vaubel family. This retreat is also a great place to carve your free Halloween pumpkin. Pick up a flyer in Carlson Hall, then visit [www.hennepinchurch.org/register](http://www.hennepinchurch.org/register) to sign up. All are welcome - singles, couples, families, young and young-at-heart.

# UPCOMING Events

Nov 5	7pm	Re-Imagining Anniversary Celebration to Begin
Nov 9	-	Men's Walk to Emmaus
Nov 12	6:30pm	Get Ready for The Holiday Dinners! with the Theater of Public Policy
Nov 16	-	Women's Walk to Emmaus
Nov 17	12 Noon	Life Adventures Steve Marking and JoAnn Funk: 1811 on the Mississippi River
Nov 19	6pm	Game Night
Nov 27-28	-	Habitat For Humanity Build

Please submit announcements by 10am on Tuesday to [communications@haumc.org](mailto:communications@haumc.org) or drop off at the reception desk. All submissions are subject to editing for space and content. Thanks for sharing your stories!

### To schedule an event at HAUMC:

[scheduling@haumc.org](mailto:scheduling@haumc.org)  
 or call 612-871-5303.

View the church calendar online:

[haumc.org/events](http://haumc.org/events)