

T  
O  
D  
A  
Y

## Hennepin Kids for LYFE

Today at 10am in the Education Wing  
See list in Carlson Hall for classroom updates.



## Sunday Lunch: Help Needed

Today at 10am-12:30pm in the Social Hall

We will serve Sunday Lunch on Sundays while the kitchen is being renovated. We need your cheerful help. Sign up to volunteer here: [haumc.org/breakfast/](http://haumc.org/breakfast/). Regular brunch will resume later this autumn.

## Miracle of Breath

Today at 11:15am in the Art Gallery

Breath is the essence of our being and the foundation of all healing and personal growth. It harnesses the life force within and gets right to the heart of the matter. Miracle of Breath™ techniques act directly to dissolve pain, fear and tension in the mind and body. Julie Delene will guide you through a special set of meditation, movement and breathing techniques to consciously and methodically release blocks. Dress to breathe! For more information go to [www.allwisemoves.com](http://www.allwisemoves.com).



## Making Sense of Our Faith

Today at 11:15am in Room 201

Join us for a discussion about the Bible and faith.

## Progressive Christianity

(Formerly The Bishop Spong Class)

Today at 11:15am in the Longfellow Room

This class discusses the current topics that inform what it means to be a person of faith in the 21st century. Using the writing of theologians like Bishop John Shelby Spong, Marcus Borg, John Dominic Crossan and Phyllis Tickle, the group continues to allow faith to be an on-going path of growth and evolution.

## Entry Point: New Members Class

Today at 11:30am in the Church of Youth Room

Guests and visitors are invited to explore membership and meet Rev. Judy Zabel. Child care is available. RSVP to Larry Duncan, 612-435-1309 or [larry@haumc.org](mailto:larry@haumc.org).



## Groveland Food Shelf Benefit

Today at 1pm at the Heights Theater in Columbia Heights

On Sunday, November 5th at 1:00 p.m., the historic Heights Theater in Columbia Heights will host a special screening of "My Fair Lady" with all proceeds benefitting the Groveland Food Shelf. Come early to hear music played on the theater's Wurlitzer organ, from the silent movie era. HAUMC has been an active supporter of the Groveland Food Shelf for several decades, and two HAUMC members continually sit on its board. Hope to see you there!

## Re-Imagining Anniversary Celebration Worship Service

Today at 7pm

In 1993, the "Re-Imagining" conference, held here in Minneapolis, brought together clergy, laypeople, and theologians from a variety of Christian denominations to mark the World Council of Churches' Ecumenical Decade: Churches in Solidarity with Women 1988-1998.

Leading feminist/womanist/mujerista/Asian theologians shared worship rituals shaped by feminist theology, and their work led to a national debate that was not confined to churches but carried on across the country in newspapers and on Nightline and the McNeil-Lehrer News Hour. Out of this debate, the Re-Imagining Community was formed. Between 1993 and 2003, they organized six more conferences, published a quarterly journal, and sponsored "faith labs" to teach about feminist theology in local churches.

Together with our ecumenical partners, we will celebrate this legacy with a year-long series of opportunities to lift the important work begun at this conference.

The first of these celebrations will be held at Hennepin Avenue United Methodist Church on Sunday, November 5th, at 7:00 in the Hennepin Art Gallery. It will be led by Sacred Journey musicians and worship leaders whose work has been highly influenced by the original Re-Imagining Conference.

Please join us for this evening as we worship, sing, and celebrate the gifts of so many.

## Jan Lawrence Speaking

Wednesday, November 8 at 6:30pm in the Art Gallery

Jan Lawrence, Interim Executive Director of Reconciling Ministry Network (RMN), will be at Hennepin UMC on Wednesday, November 8. We have invited all RMN churches in and you are invited too. Please mark your calendars. Dave Nuckols will also be speaking. He is a member of the *Commission on a Way Forward*.

## Copper Street Brass Open Rehearsal

Thursday, November 9 at 10am-12:30pm in Carlson Hall

Join Hennepin's Artists in Residence for their final open rehearsal of the fall! They'll be rehearsing new music for their upcoming "Christmas on Copper Street" performances. Open rehearsals are free and open to all.

## Walk to Emmaus

Men's Walk: November 9 through 12, Mankato

Women's Walk: November 16 to 19, Mankato

You are invited to take time for yourself and walk with Christ for 72 hours as a new pilgrim. This special time you give yourself will keep you smiling knowing that you are a precious child of God (Luke 24:13). Please contact Pastor Judy Zabel and/or Nancy Sjoquist (612) 741-1872, [haumc.org/emmaus/](http://haumc.org/emmaus/) for information.



## Theater of Public Policy Improv Comedy

Sunday, November 12 at 6:30pm

Our current climate can sometimes make it difficult to have conversations with the people we know best. Join in the fun while also learning some tips for maneuvering difficult conversations. With help from the audience, the actors will move us into a more respectful speaking and listening. And there will be pie! The event is free and open to those 12 and older.

## Biblical Etchings Art Show

Sunday, November 12 at 11:30am in Carlson Hall

Our featured artist during Fall and Advent is Joan Bohlig. Joan is a former member of Hennepin Church and has made drawings, etchings, collages and oil paintings for more than 70 years. The show in Carlson Hall is drawn from her series of Etchings on Biblical Themes. Joan will give an informal talk about her art on Sunday, November 12 at 11:30 am in Carlson Hall.

## Donation Drive for CarePackage Ministry is here!

Reach out to young adults in college  
between November 5-19 in Carlson Hall

Remind young adults who grew up at Hennepin they're loved by their home church. Please donate items to stuff these care packages full of fun! Consider buying in bulk (Costco, online, etc.) to spread the love. Ideas include:

- personal notes of affirmation and encouragement (yes, we take notes to specific young adults!)
- shoebox-sized boxes for shipping
- single-serve hot drink / soup mix (ramen, coffee, hot cocoa, soup, etc.)
- high-protein snacks (nuts, trail mix, beef jerky)
- microwave popcorn and other pre-packaged snacks
- candy, suckers, chocolate, mints, and gum
- cough drops, tissues, wet wipes, chapstick, EmergenC packets, and cold/flu season items
- highlighters, Post-It notes, and other school supplies that would come in handy during finals.

## Let It Be: Advent 2017

Devotional Submissions Due November 19

*"And Mary said, 'I am God's servant.  
Let it be with me just as you have said.'"*



Seven little letters yet they hold so much. "Let it be.", Mary says to the Angel Gabriel when she learns that she will give birth to the child Jesus. Everyone has 'let it be' moments, those times when confronted with a life decision or situation we know will take us to places we had not expected to go. And 'let it be' moments can also be times of letting go, of finally relying on the movement and presence of God in our lives in ways we had not done before. In this season of Advent, we will live into the power of these seven letters and their message. You are invited to write a prayer, poem or short essay (300 words or less) for HAUMC's Advent Devotional. These 'let it be' messages will companion us into the days that bring us to the birth of the Christ Child. Please send your submission to [communications@haumc.org](mailto:communications@haumc.org) by 11/19.

## Game Night

Sunday, November 19 at 6-8pm



Rediscover the power of play to tap into your natural abundance. Using a combination of movement, music, play and discussion, we move beyond sticking points, awaken greater potential and play more in joy. These games are designed to improve understanding, agility and responsiveness to life and all its games. We laugh, feel creatively engaged, and strengthen our connections. We all leave lighter, clearer, and wiser. Visit <https://www.eventbrite.com/e/game-night-tickets-37853392516>.

## Interfaith Thanksgiving Worship Service

Thursday, November 23 at 10am at Basilica of St. Mary

On Thanksgiving Day each year, the Minneapolis Downtown Congregations celebrate and give thanks together at an Interfaith Thanksgiving Worship Service. This year, the service takes place at the Basilica of St. Mary, and Pastor Judy Zabel is preaching. Gather with our neighbors and friends at this powerful and peaceful worship celebration.

## Charge Conference

Sunday, November 26 at 11:15am in the Sanctuary

There will be a charge conference for the purpose of setting clergy compensation for 2018.

## News from Koinonia

Four events are just around the corner at Koinonia!

**November 10-12:** "Young Adults at Koinonia" is for 18-40 + year olds! See Pastor Nate Melcher for details, then sign-up for this fun weekend! Singles, couples and kids are welcome.

**November 11:** Another "Fall Workday at Koinonia" is scheduled for the second Saturday in November. Join your friends to help get our Retreat Center ready for winter. Come anytime between 9 a.m. and 2 p.m. Includes a FREE LUNCH!

**December 8-10:** Parents who have experienced the death of a child often have difficulty between Thanksgiving and New Year's. The "Help with the Holidays Retreat" will give moms and dads an opportunity to tell their stories, do therapeutic crafts, try yoga and learn holiday related coping techniques. See flyers in Carlson Hall, and contact Program Director Mark Peterson with your questions: 612-435-1305, [mark.peterson@haumc.org](mailto:mark.peterson@haumc.org). If you know someone who might benefit from this retreat - please pass this message along.

Please submit announcements by 10am on Tuesday.

All submissions are subject to editing for space and content. Thanks for sharing your stories!

To *reserve a room for an event or  
submit an announcement:*  
visit **[haumc.org/events](http://haumc.org/events)**

email us at [communications@haumc.org](mailto:communications@haumc.org)

**HENNEPIN**  
avenue united methodist  
511 groveland avenue  
minneapolis, mn 55403 phone 612-871-5303  
**church.org**