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Hennepin Kids for LYFE

Today at 10am in the Education Wing
See list in Carlson Hall for classroom updates.



Sunday Lunch: Help Needed

Today at 10am-12:30pm in the Social Hall

We will serve Sunday Lunch on Sundays while the kitchen is being renovated. We need your cheerful help. Sign up to volunteer here: haumc.org/breakfast/. Regular brunch will resume later this autumn.

Theater of Public Policy

Improv Comedy

Sunday, November 12 at 6:30pm

Our current climate can sometimes make it difficult to have conversations with the people we know best. Join in the fun while also learning some tips for maneuvering difficult conversations. With help from the audience, the actors will move us into a more respectful speaking and listening. And there will be pie! The event is free and open to those 12 and older.



Biblical Etchings Art Show

Sunday, November 12 at 11:30am in Carlson Hall

Our featured artist during Fall and Advent is Joan Bohlig. Joan is a former member of Hennepin Church and has made drawings, etchings, collage and oil paintings for more than 70 years. The show in Carlson Hall is drawn from her series of etchings on Biblical themes. Joan says, "to make original fine art pieces glorifying God using the best of materials and techniques has been a blessing to me. I hope this work will also bless viewers and touch their lives through scripture, art, design and metaphor." Joan will give an informal talk about her art on Sunday, November 12 at 11:30 am in Carlson Hall.



Donation Drive for CarePackage

Ministry is here!

Reach out to young adults in college
between November 5-19 in Carlson Hall



Remind young adults who grew up at Hennepin they're loved by their home church. Please donate items to stuff these care packages full of fun! Consider buying in bulk (Costco, online, etc.) to spread the love. Ideas include:

- personal notes of affirmation and encouragement (yes, we take notes to specific young adults!)
- shoebox-sized boxes for shipping
- single-serve hot drink / soup mix
- high-protein snacks (nuts, trail mix, beef jerky)
- microwave popcorn and other pre-packaged snacks
- candy, suckers, chocolate, mints, and gum
- cough drops, tissues, wet wipes, chapstick, EmergenC packets, and cold/flu season items
- highlighters, Post-It notes, and other school supplies that would come in handy during finals.

Steve Marking and JoAnn Funk:

1811 on the Mississippi River

Friday, November 17 at 12 Noon

Prepaid reservations are due Monday, November 13.

Steve Marking and JoAnn Funk tell the amazing-yet-true tale of the time that an earthquake, a Roosevelt, a comet, and a steamboat converged in time and place for an unforgettable and dramatic adventure. Their highly entertaining program is filled with historical detail and first-person accounts. Prepaid reservations are due Monday, November 13. Cost is \$15.

Bookfair

Sunday, November 19 in the Mezzanine,

November 26, and December 3 at 9:30 in Carlson Hall

Hennepin Kids for LYFE is sponsoring our first ever Book Fair! Join us on Sunday, 11/19@9:30 in the Mezzanine, or on 11/26 and 12/3@9:30 and 11:00 in Carlson Hall. Do some Christmas shopping for all the kids on your gift list, or add some fun and faith filled books to your home library! Order forms will be available beginning this week in the Education Wing.

Ethopia to Minnesota

Sunday, November 19 at 4-5:30pm

at the Norway House

Members of the Oromo diaspora in the Twin Cities are always mindful of the political situation in Ethiopia. Their family members and friends may be subjected to unlawful detainment, imprisonment, disappearance or possibly death.

United Oromo Voices invites you to learn how joining your voice with your Oromo neighbors can bring real change in Ethiopia. Please join us for a panel discussion with Robin Phillips, Executive Director of Advocates for Human Rights; Amy Bergquist, Advocates for Human Rights Staff Attorney; Curt Goering, and Executive Director of Center for Victims of Torture; leaders from the Oromo community. Moderated by Rev. Sartain at Plymouth Congregational Church on November 19th at the Norway House. The event is free but space is limited. To obtain your ticket please visit the Happening Now page at www.unitedoromovoices.com



Game Night

Sunday, November 19 at 6-8pm, Free event

Rediscover the power of play to tap into your natural abundance. Using a combination of movement, music, play and discussion, we play to improve understanding, agility and responsiveness to life and all its games. We laugh, feel creatively engaged, and strengthen our connections. We all leave lighter, clearer, and wiser. Visit <https://www.eventbrite.com/e/game-night-tickets-37853392516>.



Interfaith Thanksgiving Worship Service

Thursday, November 23 at 10am at Basilica of St. Mary
On Thanksgiving Day each year, the Minneapolis Downtown Congregations celebrate and give thanks together at an Interfaith Thanksgiving Worship Service. This year, the service takes place at the Basilica of St. Mary, and Pastor Judy Zabel is preaching. Gather with our neighbors and friends at this powerful and peaceful worship celebration.

Charge Conference

Sunday, November 26 at 11:15am in the Sanctuary

There will be a charge conference for the purpose of setting clergy compensation for 2018.

School Kits For Kids

Sunday, November 26 at 10:30am-12pm in Carlson Hall

Join the assembly line! Help create 400 kits for UMCOR (United Methodist Committee on Relief) distribution to children around the world who have no tools for learning. This final step of filling school follows generous cash and school supply donations, hours of sewing by 15 volunteers to create the bags, and the eager efforts of Kids for LYFE to prepare items for giving.

Gather the Blessings of Advent:

A Morning with Doug Wood

Saturday, December 2 at 10 and 10:30am in the Art Gallery
Lunch in the Social Hall at 11:45am

Hennepin Kids for LYFE and United Methodist Women together present this family-friendly Advent celebration featuring writer, musician, and naturalist Doug Wood. Author of *Old Turtle* and devoted steward of the environment, Doug will share his reflections on power of nature in our spiritual lives.



At 10 a.m. Doug Wood leads Story Time and Song Circle.

At 10:30, kids will enjoy Advent-themed activities while Doug leads a reading and discussion for adults.

At 11:45, everyone is invited to a family-friendly Lunch in the Social Hall. The cost of lunch is \$15 for adults and \$5 for kids. To RSVP for lunch, please visit www.haumc.org/events.

Miracle of the Breath

Sunday, December 3 at 11:15am
in the Art Gallery



Breath is the essence of our being and the foundation of all healing and personal growth. It harnesses the life force within and gets right to the heart of the matter. Miracle of Breath™ techniques act directly to dissolve pain, fear and tension in the mind and body. Julie Delene will guide you through a special set of meditation, movement and breathing techniques to consciously and methodically release blocks. Dress to breathe! Learn more at allwisemoves.com.

Hennepin Marketplace

Sunday, December 3 at 8am-12pm in Carlson Hall

This holiday season, give a gift that gives before you even give it! Your purchases at Hennepin Marketplace does good in the world even before our loved ones receives our gifts. This is because the items on sale at Hennepin Marketplace benefit the Outreach Ministries of Hennepin Avenue United Methodist Church



Membership Audit

Online and in Carlson Hall on Sunday Mornings

Connections Team members will help update your preferred contact information on Sunday mornings in Nov. and Dec. To update your own information or sign up for *ChurchLife*, go to www.haumc.org and click the *Connect* tab then *Church Life Sign In* or use the *ChurchLife* app. Direct questions to Cheryl Gibbons at cheryl@haumc.org or (612) 435-1332.

Help With the Holidays Retreat at Koinonia

December 8-10: Parents who have experienced the death of a child often have difficulty between Thanksgiving and New Year's. The "Help with the Holidays Retreat" will give moms and dads an opportunity to tell their stories, do therapeutic crafts, try yoga and learn holiday related coping techniques. See flyers in Carlson Hall, and contact Program Director Mark Peterson with your questions: 612-435-1305, mark.peterson@haumc.org. If you know someone who might benefit from this retreat – please pass this message along.

10-Year Anniversary of Pause

Every day during Advent

Ten years ago in the season of Advent, Sally Johnson started a daily blog inviting the congregation to 'Pause' in the midst of what can be days filled with busyness, days so filled with activity that there is no room to reflect on the preparing, waiting, hoping for the arrival of the Christ Child. That blog has continued to this day. Two books, *Barefoot Zone* and *The Practicing Life*, have been published using those reflections. To mark this 10 year anniversary, Sally will once again post daily Advent reflections at Pause@haumc.org. Sign up or visit the site for a daily mini-Advent touchstone.

Please submit announcements by 10am on Tuesday.
All submissions are subject to editing for space and content. Thanks for sharing your stories!

To reserve a room for an event or
submit an announcement:
visit haumc.org/events

email us at communications@haumc.org

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