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## Hennepin Kids for LYFE

Today at 10am in the Education Wing  
See list in Carlson Hall for classroom updates.



## Sunday Lunch: Help Needed

Today at 10am-12:30pm in the Social Hall

We will serve Sunday Lunch on Sundays while the kitchen is being renovated. We need your cheerful help. Sign up to volunteer here: [haumc.org/breakfast/](http://haumc.org/breakfast/). Regular brunch will resume later this autumn.

## Bookfair

Today in the Mezzanine as well as

November 26 and December 3 at 9:30am in Carlson Hall  
Hennepin Kids for LYFE is sponsoring our first ever Book Fair! Join us on Sunday, 11/19 9:30 in the Mezzanine, or on 11/26 and 12/3 9:30 and 11:00 in Carlson Hall. Do some Christmas shopping for all the kids on your gift list, or add some fun and faith-filled books to your home library! Order forms will be available beginning this week in the Education Wing.



## Making Sense of Our Faith

Today at 11:15am in the Social Hall

Please join us this Sunday, November 19th as Bill Tipping begins a two part discussion series on Timothy Keller's book "The Freedom of Self Forgetfulness: The Path to True Christian Joy". We will not meet the Sunday after Thanksgiving but will continue on Sunday, December 3rd. Starting this Sunday we will be meeting in the Social Hall to support Breakfast at Hennepin – there will be a special section for our class to meet.

If you have any questions feel free to contact John Guy at 612-817-8997. We look forward to having you join us!

## Ethiopia to Minnesota

Today at 4-5:30pm

at the Norway House

Members of the Oromo diaspora in the Twin Cities are always mindful of the political situation in Ethiopia. Their family members and friends may be subjected to unlawful detainment, imprisonment, disappearance or possibly death.

United Oromo Voices invites you to learn how joining your voice with your Oromo neighbors can bring real change in Ethiopia. Please join us for a panel discussion with Robin Phillips, Executive Director of Advocates for Human Rights; Amy Bergquist, Advocates for Human Rights Staff Attorney; Curt Goering, and Executive Director of Center for Victims of Torture; leaders from the Oromo community. Moderated by Rev. Sartain at Plymouth Congregational Church on November 19th at the Norway House. The event is free but space is limited. To obtain your ticket please visit the Happening Now page at [www.unitedoromovoices.com](http://www.unitedoromovoices.com).



## Game Night

Today at 6-8pm in the Art Gallery,  
Free event



Rediscover the power of play to tap into your natural abundance. Using a combination of movement, music, play and discussion, we play to improve understanding, agility and responsiveness to life and all its games. We laugh, feel creatively engaged, and strengthen our connections. We all leave lighter, clearer, and wiser. Visit <https://www.eventbrite.com/e/game-night-tickets-37853392516>.

## Donation Drive for CarePackage

### Ministry is here!

Reach out to young adults in college

Today in Carlson Hall



Remind young adults who grew up at Hennepin they're loved by their home church. Please donate items to stuff these care packages full of fun! Consider buying in bulk (Costco, online, etc.) to spread the love. Ideas include:

- personal notes of affirmation and encouragement (yes, we take notes to specific young adults!)
- shoebox-sized boxes for shipping
- single-serve hot drink / soup mix
- high-protein snacks (nuts, trail mix, beef jerky)
- microwave popcorn and other pre-packaged snacks
- candy, suckers, chocolate, mints, and gum
- cough drops, tissues, wet wipes, chapstick, EmergenC packets, and cold/flu season items
- highlighters, Post-It notes, and other school supplies that would come in handy during finals.

## Devotional Submissions Due TODAY

Let It Be: Advent Devotional

*"And Mary said, 'I am God's servant.  
Let it be with me just as you have said.'"*



Seven little letters yet they hold so much. "Let it be.", Mary says to the Angel Gabriel when she learns that she will give birth to the child Jesus. Everyone has 'let it be' moments, those times when confronted with a life decision or situation we know will take us to places we had not expected to go. And 'let it be' moments can also be times of letting go, of finally relying on the movement and presence of God in our lives in ways we had not done before. In this season of Advent, we will live into the power of these seven letters and their message. You are invited to write a prayer, poem or short essay (300 words or less) for HAUMC's Advent Devotional. These 'let it be' messages will companion us into the days that bring us to the birth of the Christ Child. Please send your submission to [communications@haumc.org](mailto:communications@haumc.org) by 11/19.

## Submit to [photos@haumc.org](mailto:photos@haumc.org)

Let your light shine. Email photos and videos of all things Hennepin to [photos@haumc.org](mailto:photos@haumc.org).

## Interfaith Thanksgiving Worship Service

Thursday, November 23 at 10am at Basilica of St. Mary

On Thanksgiving Day each year, the Minneapolis Downtown Congregations celebrate and give thanks together at an Interfaith Thanksgiving Worship Service. This year, the service takes place at the Basilica of St. Mary, and Pastor Judy Zabel is preaching. Gather with our neighbors and friends at this powerful and peaceful worship celebration.



## Charge Conference

Sunday, November 26 at 11:15am in the Sanctuary

There will be a charge conference for the purpose of setting clergy compensation for 2018.



## School Kits For Kids

Sunday, November 26 at 10:30am-12pm in Carlson Hall

Join the assembly line! Help create 400 kits for UMCOR (United Methodist Committee on Relief) distribution to children around the world who have no tools for learning. This final step of filling school follows generous cash and school supply donations, hours of sewing by 15 volunteers to create the bags, and the eager efforts of Kids for LYFE to prepare items for giving.

## World AIDS Day Remembrance Service

Thursday, November 30 at 7:15pm at Hamline United Methodist Church

Hamline United Methodist Church, 1514 Englewood Avenue, St. Paul [in conjunction with Hamline University's Sexualities and Gender Diversity Initiatives; Hamline University's Wesley Center for Spirituality, Service, and Social Justice; and The Minnesota AIDS Project] will host a St. Paul World AIDS Day Eve Inter-Faith Remembrance on Thursday, November 30th. The observance begins with a march at 7:15 p.m. from the Bishop Hamline Statue (on Hewitt Avenue, one block east of Snelling) at Hamline University to Hamline Church; the remembrance at the Church will begin at 7:30 p.m.. The program will include music, readings, and reflections by speakers. All are welcome to attend. If you have questions about the event, please contact Greg at [gregrenstromstnini@comcast.net](mailto:gregrenstromstnini@comcast.net).

## Miracle of the Breath

Sunday, December 3 at 11:15am  
in the Art Gallery



Breath is the essence of our being and the foundation of all healing and personal growth. It harnesses the life force within and gets right to the heart of the matter. Miracle of Breath™ techniques act directly to dissolve pain, fear and tension in the mind and body. Julie Delene will guide you through a special set of meditation, movement and breathing techniques to consciously and methodically release blocks. Dress to breathe! Learn more at [allwisemoves.com](http://allwisemoves.com).

## Membership Audit

Online and in Carlson Hall on Sunday Mornings



Connections Team members will help update your preferred contact information on Sunday mornings in Nov. and Dec. To update your own information or sign up for *ChurchLife*, go to [www.haumc.org](http://www.haumc.org) and click the *Connect* tab then *Church Life Sign In* or use the *ChurchLife* app. Direct questions to Cheryl Gibbons at [cheryl@haumc.org](mailto:cheryl@haumc.org) or (612) 435-1332.

## Leadership Retreat

January 19-20 at Koinonia

Save the date! All persons who are serving on a committee are welcome to join us at Koinonia for our leadership retreat on January 19, 20. We will meet for dinner out at Koinonia and finish early afternoon on Saturday. Register online on the Hennepin Avenue United Methodist website under the events section. \$75.00 donation is appreciated for lodging and food but don't stay home if you can't afford it. Julie Delene will be leading us in a session.

## News From Koinonia

"Now thank we all our God,  
With heart and hands and voices,  
Who wondrous things hath done,  
In whom his world rejoices;  
Who from our mother's arms  
Hath blessed us on our way  
With countless gifts of love,  
And still is ours to-day."

- Martin Rinkart, Johann Cruger

The staff members at Koinonia Retreat Center extend their very best wishes to you and yours for a joyful Thanksgiving Holiday. We are profoundly grateful for Hennepin Avenue United Methodist Church's support as we seek, every day, to fulfill our mutual commitment to outdoor ministry. We are thankful for YOU!

Please submit announcements by 12 noon on Monday. All submissions are subject to editing for space and content. Thanks for sharing your stories!

To reserve a room for an event or  
submit an announcement:  
visit [haumc.org/events](http://haumc.org/events)

email us at [communications@haumc.org](mailto:communications@haumc.org)

**HENNEPIN**  
avenue united methodist  
511 groveland avenue  
minneapolis, mn 55403 phone 612-871-5303  
[church.org](http://church.org)

# Let it Be: Advent at Hennepin

## 10-Year Anniversary of Pause

Every day during Advent

Ten years ago in the season of Advent, Sally Johnson started a daily blog inviting the congregation to 'Pause' in the midst of what can be days filled with busyness, days so filled with activity that there is no room to reflect on the preparing, waiting, hoping for the arrival of the Christ Child. That blog has continued to this day. Two books, *Barefoot Zone* and *The Practicing Life*, have been published using those reflections. To mark this 10 year anniversary, Sally will once again post daily Advent reflections at [Pause@haumc.org](mailto:Pause@haumc.org). Sign up or visit the site for a daily mini-Advent touchstone.



## Angel Tree Returns

Sunday, November 26 through Sunday, December 10 in the East Entry

Hennepin members will be invited to take an angel ornament off the tree and purchase gifts for either refugee children that are new to the United States or residents of Emma Norton Services who are working actively towards a stable path out of homelessness.

If you would like to help with gift distribution, please contact Lynne Carroll at [lynne@haumc.org](mailto:lynne@haumc.org).

## Gather the Blessings of Advent:

### A Morning with Doug Wood

Saturday, December 2 at 10 and 10:30am in the Art Gallery  
Lunch in the Social Hall at 11:45am

Hennepin Kids for LYFE and United Methodist Women together present this family-friendly Advent celebration featuring writer, musician, and naturalist Doug Wood. Author of *Old Turtle* and devoted steward of the environment, Doug will share his reflections on power of nature in our spiritual lives.

At 10 a.m. Doug Wood leads Story Time and Song Circle.

At 10:30, kids will enjoy Advent-themed activities while Doug leads a reading and discussion for adults.

At 11:45, everyone is invited to a family-friendly Lunch in the Social Hall. The cost of lunch is \$15 for adults and \$5 for kids. To RSVP for lunch, please visit [www.haumc.org/events](http://www.haumc.org/events).

## Hennepin Marketplace

Sunday, December 3 at 8am-12pm in Carlson Hall

Do a whole lot of Good! Make sure to wander through Carlson Hall and its environs between 8 am and midday. Explore the craft and goodies from across the world - things different - some exotic, some familiar - all beautiful. Be sure to buy something! Your purchase supports the good work of the Outreach Ministries of Hennepin.

## Help With the Holidays Retreat

Friday, December 8 through Sunday, December 10 at Koinonia

Parents who have experienced the death of a child often have difficulty between Thanksgiving and New Year's. The "Help with the Holidays Retreat" will give moms and dads an opportunity to tell their stories, do therapeutic crafts, try yoga and learn holiday-related coping techniques. See flyers in Carlson Hall, and contact Program Director Mark Peterson with your questions: 612-435-1305, [mark.peterson@haumc.org](mailto:mark.peterson@haumc.org). If you know someone who might benefit from this retreat, please pass this message along.

## Life Adventures Christmas Party:

### Music from the Heart

Friday, December 8 at 12 noon in the Social Hall

Prepaid reservations are due Monday, December 4

Life adventures invites you and all your friends for a festive holiday event. It will include a special lunch and music by "From the Heart". This popular quartet of soprano, baritone, piano, and woodwind instrumentalist returns to present a variety of holiday classics in its engaging style. Cost is \$15.

## Sanctuary Choir Advent Concert: GLORIA!

Sunday, December 10 at 11:30am in the Sanctuary

Our annual Advent concert features Vivaldi's Gloria, the effervescent work proclaiming the birth of our Savior. The Sanctuary Choir, Soloists and Orchestra join forces for this one-hour concert with additional works by Ola Gjeilo, G.F. Handel, and others. (Hint: grab a coffee and sweet roll at the close of the 10 am Worship Service and join us at 11:30 am in the Sanctuary!)

## Copper Street Brass Quintet:

### Christmas on Copper Street

Thursday, December 14 at 11am in the Sanctuary

Sunday, December 17 at 3pm in the Sanctuary

CSB's popular holiday concert celebrates the stories and sounds of the season performed with passion, humor, and virtuosity. Hear favorites from A Charlie Brown Christmas and The Grinch as well as carols, classical, funk, rock, and more.



## A Service of Hope & Healing

Sunday, December 17 at 6pm in the Art Gallery

The Christmas season can be difficult for those who have experienced the loss of a loved one. It can also be a difficult time for those experiencing grief over a lost job, lost dreams, lost pet or so many other losses. This service of Hope & Healing will be a time to name our loved ones and our losses, to light candles and to hear words of hope. Everyone is welcome as we are held in the quiet music of piano and cello and the beauty of Hennepin's Art Gallery.