

Full Hearts Fill Plates



Your full heart can fill plates with healthy, delicious food for families in our community experiencing food insecurity. Fill this grocery bag with the following items a general rule from Groveland Food Shelf: "If you like it, one of our clients will like it."

Peanut Butter
Diced Tomatoes
Canned Fruit
Stew
Soup – canned or dry mixes
Pickles
Ketchup, Mustard
Canned Meat (Spam, etc.)

Pasta / Spaghetti
Dried Beans
Canned Beans
Sugar

Can also use:
shampoo
soap
toilet paper
toothpaste
deodorant
paper & plastic bags

Our Minnesota FoodShare Challenge with the Blaisdell Y is on! Bring your filled bag back to Hennepin Avenue United Methodist Church between **February 26 - April 8**. Give a bag to a friend or neighbor and offer to return it for them. Our challenge? Whichever organization raises the least amount of food, their leader has to jump into the Blaisdell Y pool, fully clothed! All items go to Groveland Food Shelf. Your full hearts can fill plates and help keep Pastor Judy out of the pool!