

## Come See What's Happening at Koinonia

Today, 9:30am in the East Entry

Visit the Koinonia display to learn about Koinonia, the "Inter-Gen Men's Retreat" and "New Year's at Koinonia." You can register on the spot for any of these events.

## Trunk-or-Treat

Today, 4pm in the Parking Lot

Neighbors, friends, and families are invited to our free annual Trunk-or-Treat Halloween celebration! It is not too late to volunteer today. Contact Nate Melcher at [nate@haumc.org](mailto:nate@haumc.org).

## Soul Café

Today, 7pm in the Art Gallery

Soul Café presents its fall concert, "Light & Darkness," weaving together jazz and poetry to celebrate this season of contrasts. \$10 suggested donation.

## Dignity Coat Drive

Ends Today, in the East Entry

Please help the Dignity Center provide warm coats, hats, and gloves for our neighbors in need. Your new or gently used coats and gloves will be collected in the marked bin in the East Entry. Adult sizes only, please. XL+ are especially needed.

## Sign up for ChurchLife or Update Your Information

Sign up for ChurchLife or review and update your current database record on your own or with a Connections Committee member. Committee members will be available to help at Sacred Journey, in Carlson Hall, and during Sunday Brunch.

## Submissions for Advent Devotional

You're invited to write an original reflection, poem, or prayer for this year's Advent devotional theme, "Do You Hear What I Hear?" Submissions should be 250 words or less, **due by 12:00 noon on Monday, November 12, to [communications@haumc.org](mailto:communications@haumc.org)**.

## Care Package Drive for College Students

November 4-18, in the East Entry

Remind young adults who grew up at Hennepin they're loved by their home church. Please donate items to stuff care packages full of fun! Donate items by November 18 so packages can go out in time for finals.

## Special Event to Benefit Groveland Emergency Food Shelf

November 4, 1:15pm at Heights Theater in Columbia Heights

The historic Heights Theater in Columbia Heights will host a special screening of the original Willie Wonka movie with all proceeds benefiting the Groveland Food Shelf. HAUMC has been an active supporter of the Groveland Food Shelf for several decades, and two HAUMC members continually sit on its board. Hope to see you there!

## Adulting 101: Improv and Mental Health

November 4, 1pm in the Harrison Room

Through dynamic exercises and personal feedback, you'll understand how an improvisational mindset can deepen communication skills, reduce anxiety, reframe negative self-talk, and awaken a sense of play!

## Life Adventures

November 9, 12 noon in the Social Hall

Hennepin's Senior Pastor Judy Zabel and her husband, Rev. Lundy Zabel, will share with us stories from their many mission trips. Learn about how they are helping to mend a broken world. Prepaid reservations are due Monday, November 5. Cost is \$18.

## Entry Point: Becoming a Member

November 11, 11:30am in Room 106

If you are interested in becoming a member of HAUMC, please join us at Entry Point to meet Rev. Judy Zabel and have your questions about membership answered. Child care is available. **RSVP to Larry Duncan at 612-435-1309 or [larry@haumc.org](mailto:larry@haumc.org)**.

## Art Talk:

### Conserving the "Holy Family" Painting

November 11, 11:30am in the Art Gallery

Learn how a dark and dirty painting which hung in the Dossal Alcove for years was brought back to life through conservation. Rita Berg is a conservator at Midwest Art Conservation Center and she will share with us the before-and-after transformation of this painting.

## The Liturgists Podcast - Live!

November 16-17, in the Sanctuary

The Liturgist Podcast is a nationally-recognized topical conversation focused on life, faith, science, art, and world events. **Tickets available at <https://bit.ly/2OV6Lox>**. Volunteer and attend for free. Contact Cheryl Gibbons at [cheryl@haumc.org](mailto:cheryl@haumc.org).

## Digital Citizenship: Media Best Practices for Kids, Preteens, and Families

November 18, 6:30pm in the Social Hall

Dr. Dawn Rundman will review current research and walk you through a process to assess how you and your family members can develop a framework for deliberate, meaningful media usage informed by your faith. **Free and open to all, but please register at [haumc.org/register](http://haumc.org/register)**.

Get full details of upcoming events:

- subscribe to eSpire, our weekly digital newsletter, at [haumc.org/email](http://haumc.org/email)
- visit the events page of our website, [haumc.org/events](http://haumc.org/events), and select Announcements Calendar
- request a printed copy of the weekly eSpire newsletter from the receptionist

# We Welcome You!

We're glad you're here, and we'd love to get to know you better. Please leave your contact information in the **Friendship Pads** found in each pew. If this is your first visit, welcome. If you are returning, welcome back!

**Pick up your welcome bag** as you leave.

**Tour our beautiful building.** Meet at the front of the Sanctuary following 10:00am traditional worship service.

**Grab a cup of coffee** in Carlson Hall. Our thanks to Jim Cone of Coffee and Tea, Ltd.—our coffee supplier.

**Enjoy Sunday Brunch in the Social Hall.** From 10am to 12noon, enjoy a delicious Sunday Bruch spread, prepared by Chef Warren Seta. The recommended cost is \$7 per person, but don't stay away if you cannot pay. Fellowship and food is available for everyone.

**We love your children.** At Hennepin, there's a place for every child on Sunday mornings! Our services are family-friendly, and Sunday school is just down the hall. Wee Ones (children ages newborn to 3) are welcome in Nursery Care, where loving volunteers will care for your child while you worship. The Nursery is located in room 101 of the Education Wing. Ask an usher or the receptionist if you would like help finding this room.

**Sacred Journey** welcomes people of all ages to worship with us. Sacred Journey is full of music and movement to keep you and your family engaged.

At **Traditional Worship** in the Sanctuary, our play-and-pray area provides a comfortable rug and baskets of quiet toys for kids to use. Following the opening prayers and blessings, children ages 3-13 are invited to participate in Time with Children at the front of the Sanctuary, and then follow their friends and teachers to join in our Hennepin Kids for LYFE Sunday School programming in the Education Wing. Your children are welcome to stay with you, too. You will find worship bags containing child-friendly activities, as well as baskets of children's books, at all sanctuary entrances.

Thank you for giving!  
You can give online at **www.haumc.org/give** or fill out an envelope in your pew. Hunger Offerings fund our Outreach ministries. See **www.haumc.org/outreach** for more information.



Worship from wherever you are:  
Watch the Live Stream at **www.haumc.org/live** or download the app:  
**HAUMC Live Stream**

  
**HENNEPIN**  
**AVENUE UMC**

## About HAUMC



HAUMC is a **Reconciling** congregation and welcomes all persons without regard to age, race, culture, sexual orientation, gender identity, family configuration, religious background, economic status, or developmental and physical ability.

## Caring Community

**Pastoral Care:** Please notify the church office if you, a family member or any other loved one is experiencing illness, hospitalization, or is in need of pastoral care. Please call 612-871-5303 and ask for Pastoral Care, ext. 771 or email [PastoralCare@haumc.org](mailto:PastoralCare@haumc.org).

### Our Mission

To make disciples of Jesus Christ for the transformation of the world.

### Our Vision

We will grow in our love of God and neighbor, welcome new people and heal a broken world.

### Our Values

Radical Hospitality  
Passionate Worship  
Intentional Faith Development  
Risk-Taking Mission & Service  
Extravagant Generosity