

Adulthood 101: Personal Branding

Today, 1pm in the Longfellow Room

Personal branding is the way you show up, the way you market yourself, and is unavoidable. The "snapshots" people attach to us become part of our personal brand and are worth cultivating. Join consultant and coach Bill Lewis for a workshop on taking charge of your personal brand so people think about you the way you want them to think of you. RSVPs are helpful but not necessary. RSVP to Nate Melcher at nate@haumc.org.

Library Exhibit

Final Day, in the Library

The Library Team has recently partnered with the Outreach Committee to create a special display of books on homelessness within a larger display of books on racism. The books are both fiction and nonfiction and for readers of all ages. Check one - or more! - out.

Help Promote Clean Energy

February 5th, at Christ on Capitol Hill
105 University Ave West, St. Paul

Interfaith Power and Light is looking for volunteers to help prepare everyday Minnesotans to have conversations with their own state legislators about why we need a pathway to 100% clean energy. There are two shifts that you can sign up for: 8:30am-12:30pm or 11am-3pm. Please RSVP at <http://bit.ly/100PctMNLobbyDay>.

Life Adventures: The String Man

February 8, 12 noon in the Social Hall

Hennepin seniors and friends, here's a Valentine with "no strings attached." Paul Imholte, "The Stringman," will entertain us with traditional, light classical, and original music on hammered dulcimer, fiddle, guitar, banjo, mandolin, and autoharp. Along the way, he'll give us a history of the various instruments. **Prepaid reservations are due by noon, Monday, February 4.** Cost is \$18 and includes lunch.

Service+Cinema Lock-In: Lego Movie 2

February 8-9, 7pm in the Church of Youth Room

Youth, Club 67, and parents: register for a Friday night service project with Feed My Starving Children, a lock-in with The Lego Movie, and then a morning matinee of The Lego Movie 2 on opening weekend! **Register at haumc.org/register.** Cost: \$10.

Parenting for LYFE: Empathy

February 10, 11:15am in the Social Hall

Parenting for LYFE is an open, drop-in group that meets monthly to discuss all things parenting. Our parenting topic for February is "empathy." Empathy is at the heart of what it means to be human. It is also at the heart of preventing bullying and racism. Heather Alden and Kathryn Johnson, Hennepin members and professionals in our public schools, will lead our discussion on what empathy looks like in young children and what we can do to foster these important skills.

Youth Ski Trip

February 15-17, Lutsen and Spirit Mountain

Register for this annual retreat to Lutsen and Spirit Mountain for a weekend of skiing, games, good food, and a great road trip. \$260 covers lodging, lift ticket, transportation, and most meals. Free lessons available, rentals are an additional charge. Scholarships available. For more information, contact Rev. Nate Melcher at nate@haumc.org. **Register at haumc.org/register.**

Love Is Love Is Love Is Love

February 16, 7pm in the Art Gallery

A love-themed musical celebration, featuring a choral concert by the Hennepin Singers under the direction of Shari Speer and accompanied by a sumptuous catered dessert buffet. \$25 per ticket, available at haumc.org/register. Complimentary childcare by RSVP to Lynne at lynne@haumc.org (childcare reservations need to be in by February 11).

Copper Street Brass: Tools of the Trade

February 17, 1pm in the Sanctuary

The musicians in the Copper Street Brass use tools called "Brass Instruments" to build songs. During the presentation we'll meet each brass instrument, learn its name and job, and hear how it is used as a tool to build songs using musical building blocks like melody, harmony, and rhythm. Be ready to move and sing along to your favorite songs with CSB! This concert is free and open to all.

Call for Lent Devotional Submissions

Throughout Lent, the congregation will reflect on feeling immersed in and sustained by a "Wellspring of Hope." Each week has a question to ponder: Where do you feel... Well-loved? Well-tended? Well-received? Well-prepared? Well-guarded? Please write an original reflection, poem, or prayer of 250 words or less responding to one of these hopeful questions. **Due Monday, February 18 at noon to communications@haumc.org.**

Help Make Sandwiches for The Dignity Center

February 17, 9:30am in the Art Gallery

Time to spread some love and help make sandwiches for The Dignity Center. Bring your deli donation that morning --requested fixin's: sliced ham, turkey, sliced cheeses, white or whole wheat bread. Join the fun assembling 400 sandwiches immediately following Sacred Journey. All ages welcome. Contact Dennis at dennbehl@gmail.com to let him know what you plan on bringing.

Get full details of upcoming events:

- subscribe to our weekly digital newsletter, at haumc.org/email
- visit the events page of our website, haumc.org/events, and select Announcements Calendar
- request a printed copy of the weekly newsletter from the receptionist

We Welcome You!



We're glad you're here, and we'd love to get to know you better. Please leave your contact information in the **Friendship Pads** found in each pew. If this is your first visit, welcome. If you are returning, welcome back!

Pick up your welcome bag as you leave.

Grab a cup of coffee in Carlson Hall. Our thanks to Jim Cone of Coffee and Tea, Ltd.—our coffee supplier.

Enjoy Sunday Brunch in the Social Hall. From 10am to 12noon, enjoy a delicious Sunday Bruch spread, prepared by Chef Warren Seta. The recommended cost is \$7 per person, but don't stay away if you cannot pay. Fellowship and food is available for everyone.

We love children. At Hennepin, there's a place for every child on Sunday mornings! Our services are family-friendly, and Sunday school is just down the hall. Wee Ones (children ages newborn to 3) are welcome in Nursery Care, where loving volunteers will care for your child while you worship. The Nursery is located in room 101 of the Education Wing. Ask an usher or the receptionist if you would like help finding this room.

Sacred Journey welcomes people of all ages to worship with us. Sacred Journey is full of music and movement to keep you and your family engaged.

At **Traditional Worship** in the Sanctuary, our play-and-pray area provides a comfortable rug and baskets of quiet toys for kids to use. Following the opening prayers and blessings, children ages 3-13 are invited to participate in Time with Children at the front of the Sanctuary, and then follow their friends and teachers to join in our Hennepin Kids for LYFE Sunday School programming in the Education Wing. Your children are welcome to stay with you, too. You will find worship bags containing child-friendly activities, as well as baskets of children's books, at all sanctuary entrances.

Tour our beautiful building. Meet at the front of the Sanctuary following 10:00am traditional worship service.

Thank you for giving!
You can give online at www.haumc.org/give or fill out an envelope in your pew. Hunger Offerings fund our Outreach ministries. See www.haumc.org/outreach for more information.



Worship from wherever you are: Watch the Live Stream at www.haumc.org/live or download the app: **HAUMC Live Stream**

Communion Service
8:00am in Border Chapel

Sacred Journey
8:30am in Art Gallery

Traditional Worship
10:00am in Sanctuary

About HAUMC



HAUMC is a **Reconciling** congregation and welcomes all persons without regard to age, race, culture, sexual orientation, gender identity, family configuration, religious background, economic status, or developmental and physical ability.

Caring Community

Pastoral Care: Please notify the church office if you, a family member or any other loved one is experiencing illness, hospitalization, or is in need of pastoral care. Please call 612-871-5303 and ask for Pastoral Care, ext. 771 or email PastoralCare@haumc.org.

Our Mission

To make disciples of Jesus Christ for the transformation of the world.

Our Vision

We will grow in our love of God and neighbor, welcome new people and heal a broken world.

Our Values

Radical Hospitality
Passionate Worship
Intentional Faith Development
Risk-Taking Mission & Service
Extravagant Generosity