

## Parenting for LYFE: Empathy

Today, 11:15am in the Social Hall

Parenting for LYFE is an open, drop-in group that meets monthly to discuss all things parenting. Today's topic is "empathy." Empathy is at the heart of what it means to be human. It is also at the heart of preventing bullying and racism. Heather Alden and Kathryn Johnson, Hennepin members and professionals in our public schools, will lead our discussion on what empathy looks like in young children and what we can do to foster these important skills.

## Youth Ski Trip

February 15-17, Lutsen and Spirit Mountain

Register for this annual retreat to Lutsen and Spirit Mountain for a weekend of skiing, games, good food, and a great road trip. \$260 covers lodging, lift ticket, transportation, and most meals. Free lessons available, rentals are an additional charge. Scholarships available. For more information, contact Rev. Nate Melcher at [nate@haumc.org](mailto:nate@haumc.org). **Register at [haumc.org/register](http://haumc.org/register)**. Registration closes February 12.

## Love Is Love Is Love Is Love

February 16, 7pm in the Art Gallery

A love-themed musical celebration, featuring a choral concert by the Hennepin Singers under the direction of Shari Speer and accompanied by a sumptuous catered dessert buffet. \$25 per ticket, available at [haumc.org/register](http://haumc.org/register). Complimentary childcare by RSVP to Lynne at [lynne@haumc.org](mailto:lynne@haumc.org) (childcare reservations need to be in by February 11).

## Help Make Sandwiches for The Dignity Center

February 17, 9:30am in the Art Gallery

Time to spread some love and help make sandwiches for The Dignity Center participants. Bring your deli donation--sliced ham or turkey, sliced cheeses, and white or wheat bread. Then join the fun of assembling 400 sandwiches immediately following Sacred Journey. All ages welcome. Contact Dennis at [dennbehl@gmail.com](mailto:dennbehl@gmail.com) to let him know what you are planning to bring.

## Unity Celebration and Shared Worship

February 17, 10am in the Sanctuary

We will be celebrating a unity and sharing worship with Brooklyn United Methodist Church to prepare our hearts for the Special Session of the General Conference in St. Louis. As we celebrate being a diverse and vital church that is ready to face the future with faith, we'll take time to bless our Minnesota delegates, pray for the Special Session, and receive a message from Rev. Rich Zeck (Pastor, BUMC): "Between Us". Members of the Twin Cities Gay Men's Chorus and Chamber Singers will inspire us with their presence and song, and the Sanctuary Choirs of both congregations will combine to minister side by side. Invite your family and friends. Brunch will be served in the Social Hall following worship.

## Copper Street Brass: Tools of the Trade

February 17, 1pm in the Sanctuary

The musicians in the Copper Street Brass use tools called "Brass Instruments" to build songs. During the presentation we'll meet each brass instrument, learn its name and job, and hear how it is used as a tool to build songs using musical building blocks like melody, harmony, and rhythm. Be ready to move and sing along to your favorite songs with CSB! This family-friendly concert is free and open to all.

## Salon se Lève

February 17, 2:30pm in the Art Gallery

Showcasing the national award winning pianist Shuen Wu, and in her debut appearance for Salon se Lève, the violinist Catherine Carson. This concert is free and all are welcome.

## Call for Lent Devotional Submissions

Throughout Lent, the congregation will reflect on feeling immersed in and sustained by a "Wellspring of Hope." Each week has a question to ponder: Where/when/how do you feel... Well-loved? We'll-guarded? Well-tended? Well-received? Well-prepared? Please write an original reflection, poem, or prayer of 250 words or less responding to one of these hopeful questions. **Due Monday, February 18 at noon to [communications@haumc.org](mailto:communications@haumc.org)**.

## Pub Theology

February 20, 6pm Sisyphus Brewing

712 Ontario Ave W #100, Minneapolis

This drop-in group of Hennepin members and friends age 21+ gathers monthly to discuss faith, life, stress, family, and so on with a tasty beverage. Invite a friend to join you, and learn more at [haumc.org/pubtheology](http://haumc.org/pubtheology).

## The Ebony, Ivory & Spruce Trio: Pictures in Music

March 3, 3pm in the Art Gallery

Music@Hennepin welcomes The Ebony Ivory and Spruce Trio, a true Twin Cities gem, presenting great music reimagined with a new intimate sound. Classical, jazz, and popular music are interwoven with stories and humour to show the creative connection between the composer, the performers and the audience. Award-winning photographer Janet Brown Johnson was asked to choose pictures she felt reflected the emotions of Mussorgsky's "Pictures at an Exhibition," music written in response to a memorial exhibition of Alexander Hartmann's works. Purchase tickets at <https://www.eventbrite.com/e/pictures-in-music-tickets-54416608541>. Tickets: \$20.

Get full details of upcoming events:

- subscribe to our weekly digital newsletter, at [haumc.org/email](http://haumc.org/email)
- visit the events page of our website, [haumc.org/events](http://haumc.org/events), and select Announcements Calendar
- request a printed copy of the weekly newsletter from the receptionist

# We Welcome You!



We're glad you're here, and we'd love to get to know you better. Please leave your contact information in the **Friendship Pads** found in each pew. If this is your first visit, welcome. If you are returning, welcome back!

**Pick up your welcome bag** as you leave.

**Grab a cup of coffee** in Carlson Hall. Our thanks to Jim Cone of Coffee and Tea, Ltd.—our coffee supplier.

**Enjoy Sunday Brunch in the Social Hall.** From 10am to 12noon, enjoy a delicious Sunday Bruch spread, prepared by Chef Warren Seta. The recommended cost is \$7 per person, but don't stay away if you cannot pay. Fellowship and food is available for everyone.

**We love children.** At Hennepin, there's a place for every child on Sunday mornings! Our services are family-friendly, and Sunday school is just down the hall. Wee Ones (children ages newborn to 3) are welcome in Nursery Care, where loving volunteers will care for your child while you worship. The Nursery is located in room 101 of the Education Wing. Ask an usher or the receptionist if you would like help finding this room.

**Sacred Journey** welcomes people of all ages to worship with us. Sacred Journey is full of music and movement to keep you and your family engaged.

At **Traditional Worship** in the Sanctuary, our play-and-pray area provides a comfortable rug and baskets of quiet toys for kids to use. Following the opening prayers and blessings, children ages 3-13 are invited to participate in Time with Children at the front of the Sanctuary, and then follow their friends and teachers to join in our Hennepin Kids for LYFE Sunday School programming in the Education Wing. Your children are welcome to stay with you, too. You will find worship bags containing child-friendly activities, as well as baskets of children's books, at all sanctuary entrances.

**Tour our beautiful building.** Meet at the front of the Sanctuary following 10:00am traditional worship service.

Thank you for giving!  
You can give online at [www.haumc.org/give](http://www.haumc.org/give) or fill out an envelope in your pew. Hunger Offerings fund our Outreach ministries. See [www.haumc.org/outreach](http://www.haumc.org/outreach) for more information.



Worship from wherever you are: Watch the Live Stream at [www.haumc.org/live](http://www.haumc.org/live) or download the app: **HAUMC Live Stream**

**Communion Service**  
8:00am in Border Chapel

**Sacred Journey**  
8:30am in Art Gallery

**Traditional Worship**  
10:00am in Sanctuary

## About HAUMC



HAUMC is a **Reconciling** congregation and welcomes all persons without regard to age, race, culture, sexual orientation, gender identity, family configuration, religious background, economic status, or developmental and physical ability.

## Caring Community

**Pastoral Care:** Please notify the church office if you, a family member or any other loved one is experiencing illness, hospitalization, or is in need of pastoral care. Please call 612-871-5303 and ask for Pastoral Care, ext. 771 or email [PastoralCare@haumc.org](mailto:PastoralCare@haumc.org).

### Our Mission

To make disciples of Jesus Christ for the transformation of the world.

### Our Vision

We will grow in our love of God and neighbor, welcome new people and heal a broken world.

### Our Values

Radical Hospitality  
Passionate Worship  
Intentional Faith Development  
Risk-Taking Mission & Service  
Extravagant Generosity