

Entry Point: Becoming a Member

Today, 11:30am in the Longfellow Room

If you are interested in becoming a member of HAUMC, please join us at Entry Point to meet Rev. Judy Zabel and have your questions about membership answered. Child care is available.

Adulthood 101: What to Say When You Don't Know What to Say

Today, 1pm in the Longfellow Room

When tragedy strikes, we're often without words, so we're too nervous to reach out. Or in desperation to say something, we say anything, including words that seem helpful but aren't. In this pivotal workshop, learn ways to be a trusted, listening lifeline to a friend in crisis. Get the skills you need to be ready for bad news. RSVPs are helpful but not necessary. RSVP to Rev. Nate Melcher at nate@haumc.org.

The Ebony, Ivory & Spruce Trio: Pictures in Music

Today, 3pm in the Art Gallery

Music@Hennepin welcomes The Ebony Ivory and Spruce Trio, a true Twin Cities gem, presenting great music reimagined with a new intimate sound. Classical, jazz, and popular music are interwoven with stories and humor. Purchase tickets at the door. Cost: \$15.

Minnesota FoodShare Drive

Today-March 31, East Entry

Our 2019 Minnesota FoodShare Challenge with the Blaisdell YMCA is to get our leaders into the water! Bring your filled bag of groceries back to Hennepin Avenue UMC between March 3-31. Give a bag to a friend or neighbor and offer to return it for them. Be a wellspring of hope for families in need of healthy food!

Shadow & Reflection:

The Paintings of Thrace Soryn

March 6-April 21, Carlson Hall

The Fine Arts Team is presenting a Lenten exhibit of works by local painter Thrace Soryn. Deeply reflective and contemplative, the exhibit can serve as an opportunity to practice "listening" to what a particular painting may have to say, as well as for the soul's reply. Meet the artist at the opening reception on Friday, March 8, from 6-8pm in Carlson Hall. Both the reception and the exhibit are free and all are invited.

Ash Wednesday Service

March 6, 7pm in the Sanctuary

We begin our journey into the season of Lent filled with wellsprings of hope on Ash Wednesday. Experience an evening of interactive, hands-on spiritual practice stations, including the dispensation of ashes, developed and led by our Confirmation class. All ages welcome!

Homes for All Forum

March 10, 11:15am in the Art Gallery

Come and hear Matt Traynor from the Minnesota Coalition for the Homeless. He will be presenting on the Homes for All 2019/2020 Legislative Agenda. From a homeless veteran to a first-time home buyer, this legislative agenda addresses the full continuum of housing needs. To get this agenda enacted, we need you to talk to your legislators. So, come learn about the issues and the proposed solutions.

Homeless Day on the Hill

March 13, 8am in the Parking Lot

We will journey to the State Capitol as a faith community to influence the shaping of laws that affect persons experiencing homelessness. We will have a bus that departs Hennepin Church at 8am to get to Central Presbyterian Church by 9am (the bus will return at 4pm). After Advocacy training, at 10am, we will travel to the State Capitol to meet with legislators. To attend, please sign up at Hennepin Church's reception desk and register online (free) at mhomelesscoalition.org/advocate/homeless-day-hill/.

Life Adventures: Protect Minnesota

March 15, 12 noon in the Social Hall

Hennepin seniors and friends: Rev. Nancy Nord Bence, executive director of the nonprofit Protect Minnesota and a spokesperson for the Interfaith Alliance for Gun Safety, will be our speaker. Come and learn how she has involved persons of faith from all religious traditions to be engaged in an effort to reduce gun deaths and injuries through education, organization and advocacy. **Prepaid reservations are due by noon, on Monday, March 11.** Cost is \$18 and includes lunch.

Women's Retreat at Koinonia

March 23-24, at Koinonia Retreat Center

Women of all ages are invited to register for the Women's Spring Retreat. This year's theme is "Women of the Well." Pastor Frenchye Magee and Rev. Stephanie Escher will lead a weekend of creativity, contemplation and community! **Register at haumc.org/register.**

Looking for a Swahili Speaker

Do you speak Swahili or know of someone who does? Our Refugee Resettlement Team needs to find a volunteer who speaks Swahili to help us communicate with our refugee family from the Democratic Republic of Congo. Contact Nancy Goodhouse at 434-409-6886 or nancygoodhouse@gmail.com or Ann Carlson at 763-464-6850 or carlsonaj99@gmail.com.

Get full details of upcoming events:

- subscribe to our weekly digital newsletter, at haumc.org/email
- visit the events page of our website, haumc.org/events, and select Announcements Calendar
- request a printed copy of the weekly newsletter from the receptionist

We Welcome You!



We're glad you're here, and we'd love to get to know you better. Please leave your contact information in the **Friendship Pads** found in each pew. If this is your first visit, welcome. If you are returning, welcome back!

Pick up your welcome bag as you leave.

Grab a cup of coffee in Carlson Hall. Our thanks to Jim Cone of Coffee and Tea, Ltd.—our coffee supplier.

Enjoy Sunday Brunch in the Social Hall. From 10am to 12noon, enjoy a delicious Sunday Bruch spread, prepared by Chef Warren Seta. The recommended cost is \$7 per person, but don't stay away if you cannot pay. Fellowship and food is available for everyone.

We love children. At Hennepin, there's a place for every child on Sunday mornings! Our services are family-friendly, and Sunday school is just down the hall. Wee Ones (children ages newborn to 3) are welcome in Nursery Care, where loving volunteers will care for your child while you worship. The Nursery is located in room 101 of the Education Wing. Ask an usher or the receptionist if you would like help finding this room.

Sacred Journey welcomes people of all ages to worship with us. Sacred Journey is full of music and movement to keep you and your family engaged.

At **Traditional Worship** in the Sanctuary, our play-and-pray area provides a comfortable rug and baskets of quiet toys for kids to use. Following the opening prayers and blessings, children ages 3-13 are invited to participate in Time with Children at the front of the Sanctuary, and then follow their friends and teachers to join in our Hennepin Kids for LYFE Sunday School programming in the Education Wing. Your children are welcome to stay with you, too. You will find worship bags containing child-friendly activities, as well as baskets of children's books, at all sanctuary entrances.

Tour our beautiful building. Meet at the front of the Sanctuary following 10:00am traditional worship service.

Thank you for giving!
You can give online at www.haumc.org/give or fill out an envelope in your pew. Hunger Offerings fund our Outreach ministries. See www.haumc.org/outreach for more information.



Worship from wherever you are: Watch the Live Stream at www.haumc.org/live or download the app: **HAUMC Live Stream**

Communion Service
8:00am in Border Chapel

Sacred Journey
8:30am in Art Gallery

Traditional Worship
10:00am in Sanctuary

About HAUMC



HAUMC is a **Reconciling** congregation and welcomes all persons without regard to age, race, culture, sexual orientation, gender identity, family configuration, religious background, economic status, or developmental and physical ability.

Caring Community

Pastoral Care: Please notify the church office if you, a family member or any other loved one is experiencing illness, hospitalization, or is in need of pastoral care. Please call 612-871-5303 and ask for Pastoral Care, ext. 771 or email PastoralCare@haumc.org.

Our Mission

To make disciples of Jesus Christ for the transformation of the world.

Our Vision

We will grow in our love of God and neighbor, welcome new people and heal a broken world.

Our Values

Radical Hospitality
Passionate Worship
Intentional Faith Development
Risk-Taking Mission & Service
Extravagant Generosity