Dear Hennepin Avenue UMC Seniors & Friends,

We invite you to join us at these Life Adventures programs and encourage you to invite your friends to come with you.

All programs are held in the Social Hall and begin at noon with a full catered meal including dessert.

Prepaid reservations are requested BY NOON ON THE DATE GIVEN, so we can meet the caterer’s deadline for ordering food.

Reservations should be made at the church reception desk. Make checks payable to HAUMC and please note Life Adventures and the event date in the memo line.

We look forward to seeing you at these events.

The Hennepin Avenue UMC Senior Council
**FRIDAY, SEPTEMBER 13 | 12:00 PM**

**John Dunlop: Climate Crisis Action**

John Dunlop, a renewable energy engineer and 40-year HAUMC member, will discuss the powerful benefits of taking urgent action on climate change. Carbon pollution caused by human activity has continued to increase, and the planet is getting hotter. We are in climate crisis. John will present ideas from the national conference of the American Solar Energy Society, which he chaired this summer.

Prepaid reservations are due by noon Monday, September 9. Cost is $18.

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**FRIDAY, DECEMBER 13 | 12:00 PM**

**Krista Riedel: Christmas Bells**

Come celebrate this special time of year with HAUMC member Krista Riedel, who will ring in the season with songs you will remember. Krista has been ringing handbells since she was in the 4th grade. She has rung bells in Hennepin Avenue UMC’s worship services and is currently in the community ensemble Bells of the Lakes and a member of the quartet Bells of the Pond.

Prepaid reservations are due by noon Monday, December 9. Cost is $18.

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**FRIDAY, JANUARY 10 | 12:00 PM**

**Celebrate Winter**

Plan to get together with your friends for an informal gathering at a local restaurant, weather permitting. Watch for more information as the time gets closer.

Prepaid reservations are due by noon Monday, February 10. Cost is $18.

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**FRIDAY, MARCH 13 | 12:00 PM**

**Lori Sturdevant: When Republicans Were Progressive**

Hennepin Avenue UMC member Lori Sturdevant will discuss her latest book, written in 2018 with former senator Dave Durenberger(R) Minnesota. It’s the story of the Republican Party that dominated Minnesota politics in the middle 20th century.

Reservations are due by noon Monday, March 9. Cost is $18.

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**FRIDAY, APRIL 17 | 12:00 PM**

**Food Chat with Beth Dooley**

Contributor to the Star Tribune’s “Taste” section and appearing regularly on KARE 11 and MPR, Beth Dooley has been covering the local food scene for 30 years. She has authored or co-authored several cookbooks, guides local food trips for “Wilderness Inquiry” and teaches cooking classes at the University of Minnesota Landscape Arboretum.

Reservations are due by noon Monday, April 13. Cost is $18.

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**FRIDAY, MAY 8 | 12:00 PM**

**Doug Ohman: Escape to the Lake—Cabins of MN**

Going to the cabin in the summer is a Minnesota tradition. Historian and storyteller Doug Ohman will take us on a relaxing photographic journey to some of Minnesota’s most unique and interesting cabins.

Prepaid reservations are due by noon Monday, May 4. Cost is $18.