Maundy Thursday

The word “Maundy” comes from the Latin word *mandatum*, meaning “commandment.” On Thursday of Holy Week, Jesus gave his disciples a “new” commandment—to love one another.

Flatbread

Make this simple flatbread recipe to serve with your meal today—it can help your family remember the first Maundy Thursday and Jesus’ words that he is the bread of life.

- 1½ cups white flour
- ½ cup whole wheat flour
- 1 teaspoon salt
- ¾ teaspoon baking soda
- 2 tablespoons shortening
- ½ cup water
- 1½ teaspoons honey

Mix flours, salt, and baking soda together. Cut in shortening until mixture is crumbly. Gradually add water and honey, mixing well and forming into a ball. Divide dough into four parts and knead each. Roll the four balls into circles about ¼” thick. Place circles on a lightly greased baking sheet and score the surface of each with the tines of a fork (be careful not to cut through the dough entirely). Bake for 10 minutes at 350°F and use a fork to prick out any air bubbles that form during baking. When bread cools, spread with butter and honey, break into pieces, and enjoy.

The Last Supper

Passover is when Jewish people remember how the angel of death “passed over” the houses of their ancestors—how God saved them from death and delivered them from slavery in ancient Egypt. In honor of that night, Jesus and his disciples shared a special meal that included flat bread (made without yeast) and wine.

Countdown Picture. What’s in store for day 38?