

8:30am
Sacred Journey


HENNEPIN
AVENUE UMC

August 1, 2021

From Possession to Liberation



PRELUDE *musical improvisation* Steven Hobert
Interim Music Director

WELCOME & CENTERING Rev. Judy Zabel
Senior Pastor

GATHERING SONG *Light is Seen Farther than
I Once Believed* Steven Hobert
and the light is seen farther than I once believed

POEM *The Big Moment* by Gabriel Andres
Read by Jeff Smith

BLESSING THE SPACE BETWEEN US

GATHERING PRAYER Ann Carlson

Come all who are weary
of wealth, of poverty, of power, of struggle, of division

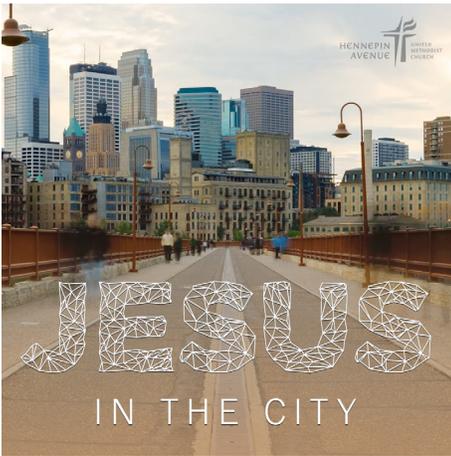
**Come all who are heavy-laden
with too much, with too little, with anxiety, with fear, with
anger**

Come all who have hope
for liberation, for peace, for freedom, for the kingdom

**Hear these words
“See, I am making all things new.”**

SCRIPTURE Luke 8:26-39 (*New Revised Standard Version*)
Ann Carlson

Then they arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, “What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me”—for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and



July 25 **Jesus in the City**
From Pitied to Prophetic
 Luke 13:10-17

Aug 1 **Jesus in the City**
From Possession to Liberation
 Luke 8:26-39

Aug 8 **Jesus in the City**
From Scarcity to Abundance
 Luke 9:10-17

Aug 15 **Move Mountains**
God Is On the Move
 Genesis 1:1-8

Aug 22 **Move Mountains**
Mountains Can Seem Like Obstacles
 Genesis 12:1-9

Aug 29 **Move Mountains**
Mountains as Opportunities
 Luke 1:39-45

Sept 5 **Move Mountains**
You Move the Mountain
 Hebrews 12: 1-2

bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, “What is your name?” He said, “Legion”; for many demons had entered him. They begged him not to order them to go back into the abyss.

Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, “Return to your home, and declare how much God has done for you.” So he went away, proclaiming throughout the city how much Jesus had done for him.

SONG

Set Their Spirit Free

Steven Hobert

Set their spirit free
 let the people be
 free of misery
 can we hear their plea?
 as the world is watching
 strugglin’ to make a change
 burrowed in our trenches
 erasing all the names

Staying behind red lines
 keeping far away
 teaching kids the old games
 in all we do and do not say

Set their spirit free
 let the people be
 free of misery
 can we hear their plea?

Anxious minds retreating
 walls are close and grim
 scrolling through the shallows
 connection growing dim
 Shrinking into small rooms
 with none to hold or hope
 distance is increasing
 through hollow screens we cope

Set their spirit free
let the people be
free of misery
can we hear their plea?

THE MESSAGE *From Possession to Liberation* Rev. Judy Zabel

SHARING THE PEACE

INVITATION TO PRAYER

MUSIC DURING SILENT PRAYER *Thoughtful Steps* Steven Hobert

PRAYERS OF THE PEOPLE Ann Carlson

God of grace,
together we turn to you in prayer,
for it is you who unite us:
you are the one God – Father, Son and Holy Spirit –
in whom we believe,
you alone empower us for good,
you send us out across the earth
in mission and service in the name of Christ.

We confess before you and all people:
We have been unworthy servants.
We have misused and abused the creation.
We have wounded one another by divisions everywhere.
We have often failed to take decisive action
against environmental destruction, poverty, racism,
caste-ism, war and genocide.
We are not only victims but also perpetrators of violence.

In all this, we have fallen short as disciples of Jesus Christ
who in his incarnation came to save us and teach us how to love.
Forgive us, God, and teach us to forgive one another.

God, in your grace, transform the world.

God, hear the cries of all creation,
the cries of the waters, the air, the land and all living things;
the cries of all who are exploited, marginalized, abused and victimized,
all who are dispossessed and silenced, their humanity ignored,
all who suffer from any form of disease, from war
and from the crimes of the arrogant
who hide from the truth, distort memory
and deny the possibility of reconciliation.
God, guide all in seats of authority
towards decisions of moral integrity.

God, in your grace, transform the world.

We give thanks for your blessings and signs of hope
that are already present in the world,
in people of all ages and in those who have gone before us in faith;
in movements to overcome violence in all its forms,

In Our Prayers This Week

Baptisms

Theodore Russell Gustafson
bap. 7/11/21

Upcoming Surgery

Jim McChesney

In Recovery

Karen Peterson (Back Surgery)

Care Center

Betty Beach (Broken ankle,
Clermont Park, Denver, CO)

Evelyn Welsh

Kate Lewis

Recovering at Home

Megan Hanson

Ruth Lippin

Prayer Requests

John Anderson

Anna Nygren

Carolyn Radke

Danielle Anderson

The Nsude Family

Mike Chatt

Carol Edblom

James Hlavka

Don & Janice Selger

Judy Strandmark

Carrie David

Lorelei Larson

**Prayers for Our Congregational
Life & Work**

For the children, youth and adults
who will participate in Vacation
Bible School.

For the Cabinet and Bishop as they
discern who will be appointed as
our next Associate Pastor.

Prayers for Our Community

For all our LGBTQ+ siblings as we
celebrate PRIDE and for all those
who are still in the closet, afraid to
come out.

Prayers for Our Nation

For health care workers who care
for COVID patients. We pray
for people to love and protect
neighbors by being vaccinated.

Prayers for Our World

For hope, mercy, justice, and wise use of resources as countries struggle with COVID-19 surges. For citizens of South Africa where there is rioting.

Prayers for Racial Reconciliation & Healing

We affirm the dignity, beauty, and sacred worth of every human being. We pray for humility, strength, and courage to confront racial injustice. We pray for open hearts and the desire to make things right. We pray that we see and love our neighbors.

Prayers for Our Church

We give thanks for those who continue to support HAUMC with prayers, presence, gifts, service, and witness. We give thanks for our staff who give their hearts to the ministry of HAUMC.

not just for a decade but for always; in the deep and open dialogues that have begun both within our own churches and with those of other faiths in the search for mutual understanding and respect; in all those working together for justice and peace – both in exceptional circumstances and every day. We thank you for the good news of Jesus Christ, and the assurance of resurrection.

God, in your grace, transform the world.

By the power and guidance of your Holy Spirit, O God, may our prayers never be empty words but an urgent response to your living Word – in non-violent direct action for positive change, in bold, clear, specific acts of solidarity, liberation, healing and compassion, readily sharing the good news of Jesus Christ.

Open our hearts to love and to see that all people are made in your image, to care for creation and affirm life in all its wondrous diversity. Transform us in the offering of ourselves so that we may be your partners in transformation to strive for the full, visible unity of the one Church of Jesus Christ, to become neighbors to all, as we await with eager longing the full revelation of your rule in the coming of a new heaven and a new earth.

**God, in your grace, transform the world.
In the name of the God who is our Creator, Liberator, and Transformer.
Amen.**

CELEBRATIONS		Steven Hobert
	God grant you many years	
LIFE TOGETHER		Rev. Judy Zabel
SONG	<i>We're Gonna Figure This Out</i> featuring Lindsay Potter	Steven Hobert
	we're gonna figure this out	
	A new day's risin'	
	we're gonna figure this out	

CLOSING BLESSING

Rev. Judy Zabel

***Ahh-men, Ahh-women, Ahh-children,
Ahh-animals, Ahh-creation, Awe!!!***

POSTLUDE

musical improvisation

Steven Hobert

Worship Leaders Today

Rev. Judy Zabel, Senior Pastor
Ann Carlson, prayers & reader
Jeff Smith, poem
Steven Hobert, interim music director
Lindsay Potter, vocals

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Clergy

Judy Zabel, Senior Pastor
Jim McChesney, Pastoral Care/Visitation
Gloria Roach Thomas, Pastoral Care & Visitation

Ministry Staff

Rick Belbutoski, Director of Youth & Young Adult Ministries
Lynne Carroll, Director of Children & Family Ministries
Donald Livingston, Principal Organist
Michelle Gehrz, Assistant Organist
Mary Martin, Director of Dignity Center & Outreach Ministries
Mark Squire, Director of Music & Fine Arts

Twin Cities District Superintendent

Dan Johnson

Minnesota Area Bishop

Bishop David Bard,
Interim Bishop of the Minnesota Annual Conference

Hennepin Avenue United Methodist Church
511 Groveland Avenue
Minneapolis, MN 55403
www.haumc.org
612-871-5303

Our Strategic Initiatives

1. We will grow in love of God and neighbor by intentionally building a multi-racial beloved community inside and outside our church walls, working to advance racial, economic, and environmental justice for all.
2. We will reach and welcome new people by expanding the ways in which we communicate what God is doing through the ministries of Hennepin.
3. We will heal a broken world by working to undo the harm that church and society have caused in exclusion and discrimination through systemic forms of oppression against all marginalized people including the LGBTQ community.



BAIWALLA STUDENT SPONSORSHIP

Pay a Baiwalla Child's School Fees: A Mind is a Terrible Thing to Waste!

This will be the 4th Year HAUMC people have sponsored Baiwalla kids' school fees. RENEW NOW! \$150 will cover an elementary child's school fees enabling him/her to attend school. \$300 will cover the fees of a child attending the United Methodist Sponsored Richard Ormsby Secondary School . Fees cover uniforms, shoes, backpack, and school supplies for the elementary students. For the Ormsby School students, fees also cover tuition.

Payment can be made online at the OC Ministries website: www.ocministriesmn.org or a check can be made out to Minnesota Annual Conference. Put in memo line "Baiwalla Child Sponsorship". Send to 122 W. Franklin Ave. Minneapolis, MN, 55404. In addition, A table will be set up at HAUMC for sign ups all Sundays in July.

About Hennepin Avenue UMC



HAUMC is a **Reconciling** congregation and welcomes all persons without regard to age, race, culture, sexual orientation, gender identity, family configuration, religious background, economic status, or developmental and physical ability.

Caring Community

Pastoral Care: Please notify the church office if you, a family member or any other loved one is experiencing illness, hospitalization, or is in need of pastoral care. Please call 612-871-5303 and ask for Pastoral Care, ext. 771 or email PastoralCare@haumc.org.

Our Mission

To make disciples of Jesus Christ for the transformation of the world.

Our Vision

We will grow in our love of God and neighbor, welcome new people and heal a broken world.

Our Practices

Radical Hospitality
Passionate Worship
Intentional Faith Development
Risk-Taking Mission & Service
Extravagant Generosity